

CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:30 - 12:00 PM	Vinyasa Flow	Hatha Flow	Vinyasa Flow	Power Yoga	Vinyasa Flow	Innovative Alignment Yoga	Restorative Energy
1:00 - 2:30 PM					Mindfulness Meditation FREE		
4:00 - 5:30 PM	Hatha Flow	Power Yoga	Hatha Flow	Vinyasa Flow	Power Yoga	Hatha Flow	Vinyasa Flow
6:00 - 7:30 PM	Open Heart Yoga	Happy Back Yoga	Open Heart Yoga	Happy Back Yoga	Open Heart Yoga		

Experienced & Certified Teachers | Challenging, Fun, and Supportive Classes | All equipment provided

Drop In: ₪ 300 per person

Class Pass (5 sessions): ₪ 1300 (Valid for 30 days)

Class Pass (10 sessions): ₪ 2500 (Valid for 60 days)

Class Pass (15 sessions): ₪ 3500 (Valid for 60 days)

***No Refunds.

One-on-One Sessions: ₪ 2400 per person (2-hours)

Private Group Classes: ₪ 1800 (3 people, 4 or more people add ₪ 150 per person for 1.5-hours.)

**Private Group Classes and One-on-One Sessions are available by appointment.
Call 083-484-2999 or walk-in to discuss your interest.**